

# London Regional Artistic Swimming Club

## Annual General Meeting

November 12, 2023  
2022-2023 Season



# Agenda

- Approval of Agenda
- Approval of Minutes of 2022 AGM
- Acknowledgments
- Head Coach Season Overview
- Financial Summary - Treasurer
- President Overview
- Elections - VOTE
- Plans for this Season
- Questions & Feedback



**Thank You COACHES!!**





**Thank You!!**

**Board members**

**Volunteers**

**Athletes**

**Parents**

# Head Coach Season Overview:

**Head Coach - Allyssa Gosling**



# Membership Numbers - 2022/23



Total Number of Routines:

- 4 Competitive Teams
  - 4 last season
- 7 Extra Routines
  - 5 last season
- 4 Regional League/5 AquaGO programs
  - 3 RL and 4 AG last season
- 1 Masters/ 1 Parent Team
  - 1 Masters last season





# Membership Numbers Cont'd

Total Membership:

- 26 Competitive Swimmers
  - 32 last season
- 21 Regional League
  - 18 last season
- 45 AquaGo Swimmers
  - 18 last season
- No AWD Swimmer
  - None last season
- 5 Masters / 10 Parent Swimmers
  - 3 Masters Swimmers last season





# Award Highlights



## Regional League (Novice)

- **Central/West Regional League Winter Meet** - 10u Figures (6th), 11-12 Figures (4th), 10u Team (4th), 11-12 Team (3rd), 11-12 Team (1st)
- **RL C/W Spring Meet** - 10u Team (4th), 10u Figures (3rd), 11-12 Team (3rd), 11-12 Team (1st), 11-12 Figures (1st), 13-15 (4th)

## Competitive

- **Qualified two teams to Ontario Winter Games** - 11-12 and Youth
- **Waterloo Invitationals** - Youth Team (5th), Youth Solo (5th), Junior Solo (5th), Junior Team (3rd)
- **Leslie Taylor Ontario Cup** - 11-12 Team (4th), 11-12 Duet (5th)
- **Hilton Invitational** - 11-12 Team (1st), 11-12 Duet (5th), Youth Team (3rd)
- **Ontario Championships** - 11-12 Team 3rd, Youth Figures (3rd & 6th), Youth Duet (3rd), Youth Solo (5th & 6th), Youth Team (2nd)



# Financial Summary:

**Treasurer - Jake Sherman**



# Statement of Operations

## London Regional Artistic Swimming Club

Statement of Operations  
Year ended June 30, 2023

	2023	%	2022	%
<b>Revenue</b>				
Fees	\$ 154,926	91.9	\$ 125,566	68.3
Fundraising	6,242	3.7	3,932	2.1
Grants	7,500	4.4	54,400	29.6
	<u>168,668</u>	<u>100.0</u>	<u>183,898</u>	<u>100.0</u>
<b>Expenses</b>				
Wages	104,940	62.2	79,619	43.3
Rent	49,473	29.3	36,885	20.1
Fees and registrations	18,057	10.7	16,851	9.2
Travel and accommodations	13,811	8.2	4,902	2.7
Events and fundraising	11,976	7.1	6,582	3.6
Suits and clubwear	7,984	4.7	19,109	10.4
Office	5,903	3.5	3,696	2.0
Professional fees	4,399	2.6	4,429	2.4
Insurance	550	0.3	-	0.0
Bank charges and interest	337	0.2	201	0.1
	<u>217,430</u>	<u>128.9</u>	<u>172,274</u>	<u>93.7</u>
<b>Net revenue (expenses)</b>	<u>\$ (48,762)</u>	<u>(28.9)</u>	<u>\$ 11,624</u>	<u>6.3</u>

\*Office - Banquet, Awards, Pool Equipment, Coach uniform, Program supplies, Zoom Account, website hosting



## Key Financial Points

- 2022-2023 Fees were subsidized by post-Covid recovery grants
- Grants received in 2022 but spent in 2023
- Club is in good financial standing projecting to have 3 months worth of expenses remaining end of June 2024
- Pool costs have increased - more pool time compared to 2022
- Wages & payroll have increased (min wage increase)
- Return to full competitions resulted in increased travel and coach costs and competition fees increased



# Voting

- Request for the following Motion: *That the financial statements for the 2022-2023 year of the London Regional Artistic Swimming Club, as presented at the meeting, be approved.*
- Second
- [Vote](#)

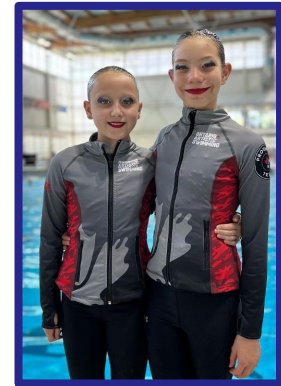


# President's Overview:

**Beth Heinrichs**

# 2022/2023 - In With the New

- New head coaching staff - Allyssa, Evelyn, Ioanna
- Coach recruitment efforts
  - Resulted in 9 new coaches
  - Coach-in-training program
- Ontario Winter Games - 2 teams represented LSC
- Two 11-12 LSC Athletes selected to Provincial Development team
- Gemming & Gelling - welcoming the next generation of synchro parents!
- Growth of recreational programming - AquaGo! Explosion ~ 40 new to sport
- Added Masters program and mom recreational program





# LSC Board & Officers

## Roles and Responsibilities

- Assist Board with the Direction of the Club
- Assist with Development, Implementation & Enforcement Policy/Procedure
- Support the Coaches with Decisions And Athlete Development, Operations of Club
- Follow OAS/CAS Governance
- Manage Finances - Not for Profit Organization, Incorporated, Operations
- Discuss and Explore Opportunities and Challenges
- Organize and Book Competitions - Register, Book Hotel, Schedule, etc
- Organize Events - Fundraising, Social Events, Host Competitions
- Communications - with Swimmers, Parents, OAS, Coaches, Website, etc
- Advocacy for our sport and our Athletes
- Ensure Sustainability - Locally



# Elections - 2023-2024 season

## Directors up for election:

1. President - Nominee: Beth Heinrichs
2. Vice-President - Nominee: Shannon Webb
3. Treasurer - Nominee: Jake Sherman
4. Secretary - Nominee: Crystal Denison
5. Board member - Nominee: Heather Coy-Robinson

## Officer Positions up for election:

1. Hospitality Coordinator - Karyn Sherman
2. Suiting Coordinator - Nicole Campbell
3. Fundraising/Sponsorship Coordinator - Natalie & Jim Renaud
4. Registrar - Kristin Hinz

## Returning Positions:

- HR Coordinator - Heather Coy-Robinson
- Events Coordinator - Carrie McEachern
- Facilities Coordinator - Shannon Webb

## 2023-24 Coaches:

- Head Coach - Allyssa Gosling
- Rec Head Coach - Ioanna Hopper





# Voting

- Questions about nominees/positions
- Request for the following Motion: *to Elect the nominees as listed on previous slide*
- Second
- [Vote](#)



# Special Thank You

Wendy  
Teft



Carla  
Keogan

# Plans for the 2023/24 Season



# Focuses for the 2023-24 Season

- Update By-laws to be in compliance with Ontario's Not-for-Profit Corporations Act (by Fall 2024)
- Apply for any applicable grants
- Explore new fundraising opportunities (lottery licence approved)
- Streamline club processes to reduce burden on volunteers
- Prepare athletes and coaches for new scoring system
- Build up base - recruit new members to AquaGo and Recreational programs
- Have FUN!



# Questions & Feedback!?

Let us know your thoughts!

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